What Makes a Good Emergency Care Instructor?

What can we do to help ensure our students confidently grasp our CPR, AED, and first aid course content?

How can we become the best instructor we can be?



Basic instructor responsibilities include:

- + Being motivated by, knowledgeable of, and skilled in your material.
- Understanding the accepted methods for delivering ASHI and MEDIC First Aid program content.
- + Improving student behavior and performance in emergency care.
- Understanding the processes required for student certification.
- + Being dedicated as an advocate and mentor for those you train.



A survey of our experienced emergency care instructors revealed that a skillful instructor has:

- Good social skills
- + Effective time management
- Objectivity
- Good documentation skills
- + Strong ethics

- + Dependability
- + Professional appearance
- + High motivation
- + Self-confidence
- + Patience



A great instructor is always improving:

- Try new things in your classes, and keep what works
- Use ongoing self-evaluation and practice to maintain good instructional skills
- Attend classes, seminars, or conferences for new ideas and techniques
- + Join related online discussion groups
- Seek and share feedback with other instructors